

# Hypertension Diagnosis and Treatment

A = Annotation

3 Classification of Blood Pressure for Adults			
BP Classification	SBP mmHg		DBP mmHg
Normal	< 120	and	< 80
Prehypertension	120-139	or	80-89
Stage 1 hypertension	140-159	or	90-99
Stage 2 hypertension	≥ 160	or	≥ 100

